

SPECTRALASE IMPLANT DIODE LASER

DIODE LASERS IN IMPLANTOLOGY

The benefits of using soft tissue lasers in dentistry have been well established. Oral surgeons began using CO2 lasers in the 1960s, dentists started using Nd:YAG lasers in 1991 and diode lasers in 1996, and orthodontists began using diode lasers 2004.

Implants have gone from a sometimes recommended treatment to almost the standard of care for a missing tooth. Unfortunately implants sometimes fail. Occasionally an implant will develop a deep pocket in the first 2 years, but most of the suffering implants happen down the road.

In modern implant dentistry there are a variety of standard soft tissue clinical indications for diode laser use. The treatment of a failed implant has become a very important laser procedure. Diode lasers used in surgery leave behind a sterile wound surface and are also able to kill bacteria, viruses and fungi. Many articles support the benefit of the diode laser in helping to manage suffering implants when used along side of convention methods. It has been documented that in the treatment of periimplantitis, decontamination and detoxification of the implant surface is essential. Using a 980nm diode laser has been recommended by many authors (1-17,20,22,25-31,37) and proven in numerous in vivo studies (1-14) to effectively eliminate bacteria and contribute considerably in successfully treating peri implantitis and extensive research concludes that 980nm diode lasers can be used safely on implant surfaces, (2,3,5,12,14,16,17,18-19,23,24,29,30-31).

Laser physicist Dr. George Bekov (PhD), the manufacturer of Spectrum Lasers in San Francisco since 1998, has developed a 980nm diode laser with an Super Pulse mode, with a powerful advanced pulse mode amplitude, with the proper power density to insure bacteria

mortality while keeping the implant under the critical temperature threshold and not damaging the titanium surface. The Spectralase Implant Diode Laser has the highest level of bacteria decontamination of any diode laser.

Decontamination of the implant surface is much more complicated than decontamination of a root surface and low powered 810nm lasers with outdated pulse modes are not able to guarantee a 100% bacteria elimination, especially in a non focused mode.

The Spectralase Implant Diode Laser can be used for all standard soft tissue procedures as well as detoxify an implant surface in the treatment of periimplantitis. CO2 lasers have been used for this purpose for more than a decade. Literature mentions a diode laser as an alternative.

The cost to own and use a Spectralase Implant Diode Laser is a fraction of the cost of a CO2 laser. CO2 lasers cost \$30,000-\$55,000 plus expensive maintenance. CO2 tube replacement is \$2500 - \$7000 every 2-5 years, articulating arm or flexible fiber replacement will need replacing, some require expensive single use tips, warranties are 1-2 years, and service contracts cost \$3000-\$6000 per year.

Spectralase is delivered fully equipped, requires no maintenance, and includes a 3 year warranty. There are thousands of Spectrum lasers in use that are over 10 years old.

Spectralase Implant Diode Laser is the most advanced, most dependable, and lowest priced diode laser in the industry (no expensive single use tips) and is an affordable and important part of the armamentarium of a fully equipped implant surgeon.

1. Bach G, Neckel C, Mall C, Krekeler G. Conventional Versus Laser-Assisted Therapy of Periimplantitis: A Five-Year Comparative Study. *Implant Dent* 2000;9:247-251 [Diode considerably effective in vivo](#)

2. Romanos G, Javed F, Delgado-Ruiz R, Calvo-Guirado J. Peri-implant Diseases A Review of Treatment Interventions. *Dental Clinics of North America*:2015, 59 (1), 157-178 [Effective in vivo, temperature increase a major risk with CO2 and Er:YAG after 10 seconds Nd:YAG laser is contraindicated](#)

3. Bach G, Diode laser surface decontamination in periodontitis therapy 15 years of incorporating. *Int M of Oral Implantology* 2011; 3 (1) 7-12 **Diode considerably effective, no thermal damage in vivo**
4. Bach G, Neckel C, Frejbu G. A 5-year comparative study on conventional and laser assisted therapy of periimplantitis and periodontitis. *Implant Dent.* 2000 9, 247-251 **Significantly effective**
5. Romanos G, Nentwig G, Regenerative Therapy of Deep Peri-implant Infrabony Defects After CO₂ Laser Implant Surface Decontamination. *Int J Periodontics Restorative Dent* 2008;28:245-255. **Considerably effective, diode only alternative to CO₂**
6. Pai J, Shridhar A, Kamath V, Jaiswal N, Malagi S, Radhika B. Adjunctive use of diode lasers in the treatment of peri-implantitis: A case series. *Journal of Dental Implants.* 2014;4(1):91-97 **Safe effective positive biostimulation effects in vivo in contact and non contact**
7. Mettraux G, A concept of laser assisted treatment of periimplantitis *Int M of Oral Implantology* 2011; 3 (1) 30-35 **Obvious bone regeneration after 2 years, biofilm management**
8. Roncati M, Lucchese A, Carinci F. Non-surgical treatment of peri-implantitis with the adjunctive use of an 810-nm diode laser. *JIS of Periodontology*.2013;17(6):812. **Effective non surgical**
9. Cobb CM. Lasers in periodontics: A review of the literature. *J Periodontol.* 2006;77:545-64. **Diode lasers have a bactericidal effect, 278 possible peer reviewed articles.**
10. Moritz A, Schoop U, Goharkay K, Shauer P, Doertbuduk O, Wernisch J, et al. Treatment of periodontal pockets with a diode laser. *Lasers Surg Med* 1998;22:302-11. **Bacterial reduction with diode laser therapy was significantly better**
12. Romanos GE, Treatment of periimplant lesions using different laser systems. *Oral Laser Appl.* 2002; 2; 75-80 **Superficial absorption with no damage to underlying tissue with diode**
13. Romanos G, Nentwig GH, Diode Laser (980 nm) in Oral and Maxillofacial Surgical Procedures: Clinical Observations Based on Clinical Applications. *Journ of Clinical Laser Medicine and Surgery.* 1999; 17 (5) 193-197 **Precise incision margin**
14. Gonçalves F¹, Zanetti AL, Zanetti RV, Martelli FS, Avila-Campos MJ, Tomazinho LF, Granjeiro JM. Effectiveness of 980-nm diode and 1064-nm extra-long-pulse neodymium-doped yttrium aluminum garnet lasers in implant disinfection. *Photomed Laser Surg.* 2010; 28(2):273-80. **100% bacteria reduction without damaging implant surfaces**
15. Tosun E, Tasar F, Strauss R, Kivanc G, Ungor C. Comparative Evaluation of Antimicrobial Effects of Er:YAG, Diode, and CO₂ Lasers on Titanium Discs: An Experimental Study *J Oral Maxillofac Surg* 2012; 70:1064-1069 **100% bacteria illumination with diode**
16. Romanos G, Hayo G, Nentwig G. Effects of Diode and Nd:YAG Laser Irradiation on Titanium Discs: A Scanning Electron Microscope Examination. *J Periodontol* 2000;71:810-815 **980 does not damage implant regardless of power setting**
17. Garg H, Garg V, Jagadeesh H G, Bedi G. Peri-Implantitis and Lasers-A Review. *Int J Biol Med Res.* 2012; 3(3):2302-2305 **Significant reduction bacteria in pockets, no damage with 980nm diode. Does not recommend the use of CO₂ or Nd:YAG lasers in peri implantitis.**
18. Chris Leja C, Geminiani A, Caton J, Romanos G. Thermodynamic effects of laser irradiation of implants placed in bone: an in vitro study. *Lasers Med Sci.* 2013 Nov;28(6):1435-40. **980 pulsed was only laser to not reach critical threshold**
19. Khandge N, Pradhan S, Doshi Y, Kulkarni A. Comparison of the Effects of Different Laser Wavelengths on Implants Surfaces. *International Journal of Laser Dentistry.* 2013;3(1):14-1 **980 pulsed most effective and only laser without negative surface defects, better than 810**
20. Hauser-Gerspach I¹, Stübinger S, Meyer J. Bactericidal effects of different laser systems on bacteria adhered to dental implant surfaces: an in vitro study comparing zirconia with titanium. *Clin Oral Implants Res.* 2010 Mar;21(3):277-83. **Effectively reduced bacteria**
21. Goharkhay K, Moritz A, Wilder-Smith P, Schoop U, Kluger W, Jakolitsch S, Sperr W. Effects on oral soft tissue produced by a diode laser in vitro. *Lasers Surg Med* 1999; 25:401-406 **Pulsed illuminates risk of thermal damage, safer than CW. Better incision performance, coagulation and deeper incisions than CO₂ or Nd:YAG laser at the same power setting**
23. Kreisler M¹, Götz H, Duschner H. Effect of Nd:YAG, Ho:YAG, Er:YAG, CO₂, and GaAlAs (Diode) laser irradiation on surface properties of endosseous dental implants. *Int J Oral Maxillofac Implants.* 2002;17(2):202-11. **Nd:YAG and Ho:YAG lasers are not suitable. Er:YAG and CO₂ limit power to avoid damage. Diode safe.**
25. Romanos GE, Crespi R, Barone A, Covani U. Osteoblast attachment on titanium disks after laser irradiation. *Int J Oral Maxillofac Implants* 2006;21:232-236. **Osteoblasts can be grown, may promote osteoblast attachment**
26. Walsh LJ. The use of lasers in implantology: An overview. *J Oral Implantol* 1992;18:335-40. **Diode effective, Nd:YAG not recommended**
30. Romanos GE, Treatment of periimplant lesions using different laser systems. *Oral Laser Appl.* 2002; 2; 75-80 **No damage to underlying tissue**
31. Valderrama P, Blansett J, Gonzalez M, Cantu M, Wilson T. Detoxification of Implant Surfaces Affected by Peri-Implant Disease: An Overview of Non-surgical Methods. *The Open Dentistry Journal*, 2014, 8, (Suppl 1-M5) 77-84 **Co₂ induced surface changes in the hydroxyapatite. Er:YAG laser caused surface alterations. Diode sterilized implant surfaces. Nd:YAG and Ho:YAG lasers not recommended**
32. Oppenheimer A. Temperature Changes Resulting from a GaAlAs (Diode) Laser in the Decontamination of a Failing Dental Implant. *Jour of S Car Acad of Sci.* 2009; (7) 2 28 **CW exceeds temperature threshold. Pulse mode allows for higher power setting without reaching threshold for optimal bacteria kill**
34. Bains K, Gupka S, Bains R, Lasers in Periodontics: An Overview. *JOHCD*.2010; 4 29 **Nd:YAG laser is contraindicated CO₂ risk with high temperature**
35. Park CY¹, Kim SG, Kim MD, Eom TG, Yoon JH, Ahn SG. Surface properties of endosseous dental implants after Nd:YAG and CO₂ laser treatment at various energies. *J Oral Maxillofac Surg.* 2005; 63(10):1522-7. **Nd:YAG not recommended**
36. Yousif A, Zwinger S, Beer F, Verhagen L, Iwittschier M, Strassle M, Wintner E. Investigation on Laser Dental Implant Decontamination. *JLMN-Journal of Laser Micro/Nanoengineering.* 2008; Vol. 3, No. 2, **Diode must be calibrated. Diode lasers real output parameters can differ significantly.**
37. Romanos G, Nentwig GH, Diode Laser (980 nm) in Oral and Maxillofacial Surgical Procedures: Clinical Observations Based on Clinical Applications. *Journ of Clinical Laser Medicine and Surgery.* 1999; 17 (5) 193-197 **Precise incision margin, coagulation of vascular lesions, lack of swelling, bleeding, pain or, scar tissue formation, and good wound healing were observed in all of the clinical applications.**

